



TOPIC: Vyaktitva Nirmana

Value	Age Group	Type of illustration
Rootedness	G3: 6, 7 & 8	Classroom Discussions

The teacher enters the classroom and starts narrating story to the children.

Nisha was studying in 7th standard. She was staying in a small town in South India in Karnataka. She had her house surrounded by huge space. She had a backyard too, where they had lot of plants and trees.

It was January 14th and was a holiday for a makara Sankranti festival which was celebrated very grandly across South India. Her mother had started preparations for distributing ellu which is prepared for makara Sankranti with 4 to 5 ingredients from one week before itself. Her parents had started cleaning the house from last one month, decorated it and did some shopping also. They bought new clothes for Nisha and her brother, for themselves and for the elders that is parents in the family too.

Nisha somehow was getting bored with all this. She felt this is all waste of time. She didn't want to participate in cleaning or decorating or in celebrations. The parents were observing her attitude but didn't talk much about it.

The festival day came. All of them wore new clothes, did Pooja, cooked delicious meals, also called the relatives and friends for the festival and celebrated along with everybody. They all looked very happy.

Even now Nisha was not in a great mood and she was feeling very dull and lethargic.

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Teacher can now start asking questions

1. Why do you think Nisha was not interested in celebrating festival?
 2. What was her emotions/mood when she was not interested in participation?
 3. Why do you think parents were interested in celebrating festival?
 4. What all were the arrangements parents did for celebrating festival? what do you think is the emotions required to do them?
 5. Whom do you think was happier on the festival day? is it Nisha or is it the parents and other family members?
 6. Do you think Nisha's attitude made her happy?
 7. Did Nisha's attitude make her family happy?
 8. Why do you think Nisha was feeling the way she felt?
 9. Do you think Nisha got irritated by others celebrating mood?
 10. Do you think the parents also should have ignored the festival and behaved like Nisha?
 11. If the family members also ignored the festival, what do you think the environment of the house could have been?
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Teacher continues:

Many relatives and friends came to Nisha's house for lunch. In the evening she went out with her cousins to distribute ellu, the famous snack prepared with dry coconut, jaggery, Sesame seeds and peanuts. It's distributed along with bananas and sugarcane pieces. Her cousin Asha who was one year elder than Nisha, was very enthusiastic and was participating in the festival very happily.

Nisha asked Asha about why she was so interested in this festival? what's so great about it? Asha replied oh! this festival is celebrated in our country from many years. It has got a cultural and scientific background. The cultural background is that, this festival is mainly celebrated to worship cows who have worked whole year to plow our lands. Also new grains grow in this season. Scientific reason behind preparing this

particular snack is, this snack ELLU that is prepared, has all the ingredients which have oil contents. Since this festival is celebrated during winter this snack is good for health.

She also said I want to celebrate my culture, with my family members, which will create a bond between us. When we can celebrate birthdays or new years with friends as a party, why not we celebrate a festival with our family in a traditional way? This way I feel connected to my country, my culture, my traditions and my family. This also gives me happiness and confidence as they are my strong roots. I will also feel one with them. Nisha was listening to all this with open surprised eyes. She thought, why she didn't think in those lines before? What's wrong in feeling happy with your people, if it can connect you with them and build a bond too?

Asha continued... she said, look Nisha our country, our tradition, our culture, our parents, are like a big tree with strong roots. We can branch out from them with whatever differences we have. But still we have to be connected to them. If we cut off completely from all of them, we will sulk and get depressed, feel sad just like how a branch cut off from a tree will get destroyed even if it is planted separately. There is very less chance of it coming back to life again by itself. Even if it does, it has to struggle a lot for lot of time, only after which there is a probability that it comes to life. So, you should be connected to your roots which is called Rootedness.

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Teacher again asks questions.

1. Do you think Nisha was involved in the festival celebration?
 2. Do you think Asha was involved in the festival celebration?
 3. What is the difference in emotions of Nisha and Asha?
 4. How do you think Asha responded to the festival celebration?
 5. What do you think is the reason behind sadness of Nisha?
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6. Whose company would you like on a festival day, Asha or Nisha?
7. Explain the value called rootedness?
8. What are the emotions attached to the value rootedness?
9. How does a person who is rooted in his culture tradition and family feel towards life?
10. What are the advantages of having rootedness as a value?

Quotes:

1. To move freely one must be deeply rooted.
2. I never saw a discontented tree. They gripe the ground as though they liked it. Though fast rotted they travel away as far as we do.

Activity

1. Explain a situation where you find people are rooted to their surroundings. Also observe how they feel towards LIFE. Also observe the BOND they have with the people around them.
2. Explain the situation where you find a person not rooted to their surroundings. Observe and tell how they feel towards LIFE. Also observe how it has affected the BOND they have with the people around them.