



TOPIC: Vyaktitva Nirmana

Value	Age Group	Type of illustration
Forgiveness	G3: 6, 7 & 8	Classroom Discussions

Teacher enters the class and greets everyone.

Narration begins..

Dr. Radha was a renowned cardiologist. She had performed hundreds of heart surgeries for last 25 years. She was very popular and known to be blessed with golden hands.

One day, after parking her car on the opposite side of the hospital, she was crossing the road in a hurry. Out of nowhere a two-wheeler came and hit her. She slipped and hit her head on the median. She saw the rider stopping his vehicle and looking at her. She could not see his face as he was wearing a helmet. However, she saw that he suddenly looked at his watch and sped away before everything turned black.

Because of the sudden impact, Dr. Radha went into coma for almost two months. When she finally gained consciousness, she was in complete shock as she was not able to lift her right hand. Suddenly she realized that not only her hand but she could not move whole right side of her body. Due to the head injury her right side was permanently paralyzed. She was totally devastated and realized that she will never be able to perform any surgery here after and her golden hands were completely useless.

Due to faulty CCTV cameras and no witnesses around, police couldn't catch the rider who hit Dr. Radha. Though she couldn't see rider's face, the scene where he looked at her for a moment would always come before her eyes and haunt her. She had too much anger for him for not only causing the accident but also not caring enough to come to her rescue. She wanted him to be punished severely. This hatred was making her restless and she was taking it out on hospital staff and her family.

Narration paused..

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Here the teacher will pause the narration and ask a few questions to the students.

1. How did one accident change Dr. Radha's life?
 2. Why do you think the rider stopped and looked at her but didn't come to Dr. Radha's help?
 3. What may be going on in Dr. Radha's mind after she learnt about her immovable state?
 4. Why did the rider haunted Dr. Radha? Did she expect something from him?
 5. How the rider should be punished and what may be going on in his mind after he learnt Dr. Radha's career was destroyed because of him?
 6. Do you justify Dr. Radha's anger for the rider?
 7. What happens when you hold on to your anger for a long time?
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Narration continues...

There was a young man who would visit the hospital every day when Dr. Radha was in coma and would wait for an hour or two outside her room. On asking he would say he admires her a lot and aspires to be a cardiologist just like her.

Once Dr. Radha gained consciousness, she came to know about this young man and was moved by his concern. She wanted to meet him but the young man refused to meet her even after several requests. However, he would still come every day and wait outside her room.

Finally, the young man agreed to meet her but on a condition that she is alone in her room. Once he entered the room, Dr. Radha felt she knows him.

He didn't speak anything but just looked at her and there was too much of remorse on his face and he was speechless. After some time, he told her that his name is Rohan and he is studying medicine and he wants to be a cardiologist and help people just like her. Then he confessed that it was he who hit her the other day but it was not intentional as he was getting late for his final exams and did not see her crossing. Also, he wanted to stop to help her but then he saw some people approaching and that he was running out of time, so he just sped away. Though he cleared his exams with flying colours, he could not overcome his guilt and could not forgive himself for causing such a great damage to his role model. Rohan started crying and apologizing.

Dr. Radha felt great anger that he was the one who destroyed her career and is now visiting her as if nothing happened. But then his tears moved her. She thought she could hand him over to the police but that won't fix her golden hands so she thought of forgiving him. She consoled him and told him that since he is choosing a divine career, she expects him to stick to the morals of it.

Rohan still felt guilty for her condition and told Dr. Radha that he would take care of her well-being in future because it's her responsibility to take care of her.

Rohan left with a smile on his face and a promise to help people in need. Dr. Radha felt liberated and light like she never felt before.

Narration ends..

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Teacher can ask the following questions to the students.

1. Why was Rohan visiting the hospital every day?
 2. Why did he refuse to meet Dr. Radha?
 3. Do you think it is Rohan's good decision to meet Dr. Radha and apologize?
 4. How do you think Rohan felt after confessing and apologizing to his mistake?
 5. Do you think Rohan's actions can be forgiven with a simple apology?
 6. Do you think Rohan's reason for speeding away after the accident is genuine enough to forgive him?
 7. Why did Dr. Radha forgive Rohan?
 8. Why was it liberating for Dr. Radha after she forgave Rohan?
(Dr. Radha was liberated from her negative feelings like anger, revenge and frustration by forgiving)
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Quotes:

1. "It takes a strong person to say sorry, and even stronger person to forgive."
2. "Forgiveness does not change the past, but it does enlarge the future."
3. "Forgiveness is not something we do for other people. It's something we do for ourselves to move on."
4. "Acceptance and forgiveness are essential if we want to create a happy and fulfilling life. While acceptance is forgiving every moment that doesn't go our way, forgiving someone is accepting

what has happened. It doesn't mean we are justifying what has done.”

Activity

1. Students can be asked to tell any story on forgiveness from our epics.
2. Students can be asked to share any real-life incident on forgiveness.