



TOPIC: Vyaktitva Nirmana

Value	Age Group	Type of illustration
Compassion	G3: 6, 7 & 8	Classroom Discussions

Teacher says, “Students, now shall I tell you about an incident which happened three days back.”

Teacher starts narrating a story/Incident

“Children, I went to the vegetable market near my house on Friday. It was quite crowded. During my last few visits I had observed a middle-aged woman sitting a few yards away from the temple, with a girl who was maybe 6 to 7 years old. She was shabbily dressed. Some people who were coming to the market were giving her a few rupees. During my Last visit I observed that the small girl was requesting people for alms. I was irritated that children are trained for begging by their parents. But I was busy & was running short of time. So, I didn’t pay much attention to them. But today I observed that the woman was shivering, probably running with a fever. The small girl was upset & in tears. I enquired about the lady with the girl . She said her mother was not well & both of them had not had food the whole day. I hurried back home. I got a shawl, a blanket, some rice & sambar & some bread & gave it to them. I also got some crocin tablets from the nearby medical shop & told the women to take it for 3 days for the fever to subside.”

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Teacher can now start asking questions

1. "Students, do you think what I did is right?"
(There may be a noisy discussion among them. Some may feel that the teacher had done the right thing. Some may feel she should have done more or otherwise).
2. Tell me what more I could have done?"
3. Should we help them or just pass by like others ,to so many underprivileged people we come across. ?
4. How else can we help them instead of just offering food?
5. Why do you think we should bother about underprivileged ?
6. What is the emotion required in us to feel about such needy people?
7. Is it possible to uplift all such underprivileged people? If yes how explain.

(Students may give various answers to these questions.)

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Teacher continues:

"Students, Yesterday I again went to the market. The woman was sitting near the temple with her daughter. She was better & thanked me a lot for the food & medicines. I felt so happy too to find her in good health. It gave me immense satisfaction. The conversation continued. She said she had a handicapped son & her husband had been sick recently, so couldn't earn much. The daughter was going to the nearby government school & was interested in studies. But could not continue as she could not pay her fees. She wanted to work in some houses as a maid, but she was new to that area & nobody employed her. She was planning to sell flowers & betel leaves near the market, but needed some money to start that. And So on..... "

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Teacher again asks questions.

1. How can anybody help her ? And how long should they help her?
 2. Is helping the woman alone enough ?
 3. Or should we help her children also?
 4. Which authority should help the family according to you?
 5. How should such underprivileged citizens be taken care of?
 6. What do you think you would have done if you were in my place?
 7. Have you come across any such under privileged person ? If you come across such an underprivileged family, what are the various ways you could help them?
 8. What's the feeling one feels after helping anybody?
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Hurdles:

Hurdles faced by people to help such under privileged are

1. Time to help
2. Opposition from the family
3. Shortage of money
4. Lack of compassion to do charity
5. Exposure to the organisations who can help them & to follow it up etc.

Quotes:

1. "We make a living by what we get, but we make a life by what we give." ...
2. "Only a life lived for others is a life worthwhile."
3. "Wherever there is a human being, there is an opportunity for kindness."

Activity

1. Identify any under privileged person in your surroundings & narrate how you showed compassion to them.
2. Make a list of organisations who help such under privileged people & how they help them.